



2024  
PH COMMUNITY CONFERENCE  
CONFÉRENCE COMMUNAUTAIRE SUR L'HTP  
September 19-21 septembre  
CALGARY

THE PULMONARY HYPERTENSION ASSOCIATION OF CANADA PRESENTS  
**THE PULMONARY HYPERTENSION  
COMMUNITY CONFERENCE**

2024  
VIRTUAL PROGRAM

**SATURDAY**  
September 21

# Conference Virtual Program

All sessions will be accessible via **one Zoom link** for the entire day, making it easy to join at any time. This link will be emailed to all registered participants on September 19. Please note that Q&A will not be enabled during the sessions, but we encourage you to connect with us through other channels for any follow-up questions.

## Saturday, September 21st

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### Opening Plenary

9:30 am – 10:30 am (MST)

Sponsored by



### **Bench to Bedside: Exploring the Future of PH Care & Treatment**

Moderator: Joan Paulin

Speakers: Dr. Sanjay Mehta, Dr. Lisa Mielniczuk, Dr. Jason Weatherald

This session will provide an overview of the future of PH care and treatment. Attendees will gain a unique perspective on the most promising upcoming clinical trials, groundbreaking research, and other critical developments poised to impact the daily lives of those living with PH.

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### **Managing Infusion-Based Therapies**

10:45 am – 11:30 am (MST)

Speakers: Lisa Kolkman NP, Marion Roth, Kaitlyn Salonga, Jay Scraba

This session will delve into how therapies like Caripul and Remodulin work in the body and the benefits they offer to patients with PH. A panel of patients will also discuss practical strategies for managing pain and other side effects associated with these treatments. Gain valuable insights from experts and learn how to optimize your experience with infusion-based therapies for better health outcomes.

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### **Pediatric PH: Advances in Therapies**

11:45 am – 12:30 pm (MST)

Speakers: Janette Reyes, Dr. Erika Vorhies

Join us for an insightful session on the latest advancements in therapies for pediatric PH. This session will cover cutting-edge treatments and innovative approaches designed specifically for children with PH. Experts in the field will share recent research findings, discuss the effectiveness of new therapies, and explore future directions in pediatric PH care.

## Managing Side-Effects of Treatments

1:45 pm – 2:30 pm (MST)

Speakers: Kelly Gould RN BN CCN(C), Dr. Krista Kemp

This breakout session will provide invaluable insights into managing the side effects of common medications prescribed for PH. Led by two experienced medical professionals, the session will cover strategies for recognizing, understanding, and alleviating the side effects associated with PH treatments. Attendees will gain practical tips for managing symptoms, improving comfort, and maintaining quality of life while on these medications.

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## PH Community Café

2:45 pm – 4:00 pm (MST)

Hosts: Lindsay Forsyth-Brochu, Jane Sernoskie

As the closing session of our conference, The PH Community Café offers a space for reflection, connection, and forward-thinking. This virtual session invites participants to come together in small, interactive groups to discuss the day's insights and experiences. Through guided questions, you'll have the opportunity to share what you've learned, exchange perspectives with fellow attendees, and consider how you can apply these insights moving forward in your journey with PH. Join us as we wrap up the day with meaningful conversations and community-building.



# Eternal PHriend Recognition



In 2018, PHA Canada established the “Eternal PHriend” title to honour individuals whose dedication has been vital in uniting Canada’s PH community. This year, we are proud to recognize Jas James with this distinguished honour.



*Jas James*

“Jas’s journey with PH spans over two decades, during which she has exemplified resilience, compassion, and unwavering dedication to supporting others facing similar challenges. Whether it be stuffing envelopes, participating on conference committees, volunteering at registration tables, speaking on educational panels about her experiences, meeting up with hospitalized PH patients, advocating for drug coverage with politicians, contributing to PHA Canada’s magazine *Connections*, you can always count on Jas to lend a hand.”

***Beth Slaunwhite, PAH Patient and Board Director***

We are honoured to name Jas James as an Eternal PHriend of PHA Canada. Her enduring commitment to the PH community stands as a testament to the power of resilience and compassion.



## PH Awareness Month and the 6-Minute Walk for Breath

### What is PH Awareness Month?

Each November, the global PH community unites for PH Awareness Month, a time to raise awareness about PH and highlight the need for earlier diagnosis, better treatments, and a cure. Patients, families, and advocates come together to emphasize the importance of recognizing and addressing this serious condition.

### The 6-Minute Walk for Breath

Since 2012, the PH community has participated in the 6-Minute Walk for Breath during PH Awareness Month. This event raises funds for PHA Canada and educates the public about the challenges of living with PH. Participants walk for six minutes while wearing a mask and holding weights, simulating the physical strain that PH patients experience, and fostering greater understanding.



## The Power of 6

This year, we're using the "Power of 6" to spread awareness further. Join a local PH clinic team or create your own for the 6-Minute Walk for Breath. The idea is simple: tell 6 people about PH and the 6-Minute Walk, and ask them to share it with 6 more people. This ripple effect will help us reach more people and raise more awareness. Together, we can make a significant impact this November, raising awareness and funds for those affected by PH.

**Let's walk, share, and make a difference!**

Learn more about PH Awareness Month and the 6-Minute Walk for Breath at: [www.phacanada.ca/NAM](http://www.phacanada.ca/NAM)

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