

Caregiver Support Organizations

Services that support caregivers are available across Canada. Many of these organizations offer support, resources, and tools at the local, provincial, and federal level.

National

CARERS CANADA

carerscanada.ca

Carers Canada is a national coalition dedicated to increasing recognition and support for caregivers.

YOUNG CAREGIVERS ASSOCIATION

youngcaregivers.ca

Young Caregivers Association™ was established in 2003. We're the first organization in Canada dedicated to supporting young caregivers and their families, who live in rural and urban communities while building awareness across Canada.

British Columbia

FAMILY CAREGIVERS OF BRITISH COLUMBIA

familycaregiversbc.ca

Family Caregivers of BC (FCBC) is a provincial, not-for-profit that proudly and compassionately supports over one million people in British Columbia who provide physical and/or emotional care to a family member, friend, or neighbour.

<u>Alberta</u>

CAREGIVERS ALBERTA

caregiversalberta.ca

Caregivers Alberta strives to empower caregivers and promote their well-being by providing resources, mental health support, and education for people caring for family members or friends.

ALBERTA HEALTH SERVICES - FAMILY CAREGIVER CENTRE

albertahealthservices.ca/services/Page13155.aspx

An initiative of Alberta Health Services in partnership with the Calgary Health Foundation, offering information, education and support to family caregivers.

FAMILY & SOCIAL SUPPORTS

alberta.ca/family-social-caregiver-supports.aspx

Financial assistance and services for seniors, children, people with disabilities, and individuals and families in crisis.

Saskatchewan

SASKATOON CAREGIVER

saskatooncaregiver.ca

The Saskatoon Caregiver Information and Support Centre has been a program of the Saskatoon Council on Aging (SCOA) since 2000. Its focus has been on providing information and support to family caregivers through presentations, workshops forums, a caregiver information phone line, the Caregiver Website, and the Saskatoon Council on Aging Positive Aging Resource Centre.

SASKATOON COUNCIL ON AGING - CAREGIVER RESOURCES

scoa.ca/caregiver-resources

The Saskatoon Council on Aging is a community based nonprofit organization and resource hub for older adults 55 plus. To support older adults, we promote positive aging for all in an age-friendly community.

Manitoba

MANITOBA.CA - CAREGIVING

gov.mb.ca/seniors/caregiving.html

Provincial government website

Ontario

ONTARIO CAREGIVER ORGANIZATION

ontariocaregiver.ca

The Ontario Caregiver Organization (OCO) exists to support Ontario's 4 million caregivers; ordinary people who provide physical and emotional support to a family member, partner, friend or neighbour. We support caregivers by being their one point of access to information, so they have what they need to be successful in their role.

ONTARIO.CA - CAREGIVING

ontario.ca/document/guide-programs-and-services-seniors/caregiving

Provincial government website

ONTARIO CAREGIVER COALITION

ontariocaregivercoalition.ca

The Ontario Caregiver Coalition is the voice of caregivers in Ontario. We advocate for recognition and support for the family, friends and neighbours whose unpaid care is the hidden backbone of Ontario's health system.

Quebec

QUEBEC.CA – INFORMAL AND FAMILY CAREGIVER

guebec.ca/en/family-and-support-for-individuals/informal-and-family-caregiver

Provincial government website

APPUI

lappui.org

We make everyday life easier and work to preserve the health, well-being, and quality of life of caregivers.

We ensure that caregivers take full advantage of the resources available across Quebec.

PROCHES AIDANCE QUÉBEC

procheaidance.quebec

Founded in 2000, Proche aidance Québec brings together 124 community organizations that support more than 41,000 caregivers throughout Quebec. The mission of these organizations is to improve the living conditions of caregivers by alleviating the impoverishment and exhaustion they experience due to the illness, aging, and/or disability of a loved one, be it a spouse, friend, sister, or child. They offer counseling, psychosocial support, and respite.

Atlantic

SOCIAL SUPPORTS NB

socialsupportsnb.ca/en

This is a place for all New Brunswickers to find information about accessing government and community programs, and resources to help you live a healthy, well-supported life. Families and caregivers will find useful information here, as well.

CAREGIVERS NOVA SCOTIA

caregiversns.org

Caregivers Nova Scotia provides programs, services, and strong advocacy for caregivers.