

SELEXIPAG (Upravi®)

What is selexipag (Upravi®) used for?

Selexipag (Upravi®) is used for the long-term treatment of pulmonary arterial hypertension (PAH). PAH is defined by high blood pressure in the lungs resulting from the pulmonary arteries—the blood vessels that carry blood from the heart to the lungs—becoming narrowed or scarred.

How does it work?

Selexipag (Upravi®) is an oral IP receptor agonist that lowers blood pressure in the lungs, making it easier for the heart to pump more effectively. Selexipag (Upravi®) stimulates the IP prostacyclin receptor in the pulmonary arteries to cause vasodilation (relaxation of the blood vessels). Taking this medication may slow PAH progression and alleviate symptoms.

What do I need to know?

Contraindications:

Do not take selexipag (Upravi®) if you:

- Are allergic to selexipag (Upravi®) or any of its ingredients
- Have pulmonary veno-occlusive disease (PVOD)
- Have low blood pressure
- Have liver or kidney problems
- Are breastfeeding
- Have an overactive thyroid
- Are taking strong CYP2C8 inhibitors, e.g. gemfibrozil (Lopid®)

Important information:

If you are pregnant or may become pregnant, contact your medical team right away.

Drug interactions

The following drugs may interact with selexipag (Upravi®). Please note that this is not a comprehensive list of drug interactions.

Please speak to your medical team before starting any new medication.

Antibiotics — e.g. rifampin (Rofact®)

CYP2C8 inhibitors — e.g. gemfibrozil (Lopid®), celecoxib (Celebrex®), clopidogrel (Plavix®), felodipine (Plendil®, Renedil®), irbesartan (Avapro®), losartan (Cozaar®), leflunomide (Arava®), rabeprazole (Pariet®), rosiglitazone (Avandia®), pioglitazone (Actos®), tamoxifen (Nolvadex®), teriflunomide (Aubagio®), trimethoprim (Proloprim®)

How should I take selexipag (Upravi®)?

Always take selexipag (Upravi®) exactly as instructed by your medical team.

Selexipag (Upravi®) is a tablet you take by mouth, morning and evening, with or without food. During titration (dosage adjustment period), the medication dose is increased weekly and the highest dose you can tolerate will become your maintenance dose. Refer to the titration schedule that was provided by your medical team.

In case treatment is interrupted for 3 days or more, please contact your medical team before starting treatment. You will likely need to restart at a lower dose and increase as directed by your medical team

Missed dose:

If you miss a dose, take your dose (within six hours) as soon as you remember. Do not take two doses at the same time. If it is almost time for your next dose, skip the missed dose; just take the next dose at your regular time.

SELEXIPAG (Uptravi®)

What are common side effects?

Some patients may experience side effects when taking this medication. If the side effects are severe or bothersome, please contact your medical team.

Side effects may include:

- Headache and/or jaw pain
- Aching joints, muscle, or back pain
- Diarrhea, nausea, vomiting, and/or stomach ache
- Flushing of the face

When should I notify my PH clinic or seek medical attention?

Contact your medical team or seek medical attention immediately if you develop:

- Symptoms of worsening PH, including: difficulty breathing, fluid retention or weight gain, and/or dizziness or passing out
- An allergic reaction, including: swelling of the mouth, tongue, face, and throat; itching; rash; and/or difficulty breathing

If you take more than your prescribed dose, contact your medical team immediately, even if you feel well.

Do not stop taking selexipag (Uptravi®) unless advised by your medical team.

Please Note:

Tell your medical team about ALL the medicines you are taking including over-the-counter drugs, vitamins, minerals, natural supplements, and alternative medications.

Additional information:

Store out of reach of children at 15°–30° C.

Do not use expired medication.

Do not throw away any medication via wastewater or household waste. Ask your pharmacist how to dispose of medications you no longer require.

For more information please see full product monograph.



PULMONARY HYPERTENSION
ASSOCIATION OF CANADA

L'ASSOCIATION D'HYPERTENSION
PULMONAIRE DU CANADA



CPHPN

To learn more about pulmonary arterial hypertension (PAH) and available treatments, please visit www.PHACanada.ca/learnmore.

This educational resource was developed by the Canadian Pulmonary Hypertension Professionals Network (CPHPN), a PHA Canada network that brings together PH nurses from across the country to enhance nursing care in the field through leadership, education, and professional development.

The information provided in this resource is for educational purposes only. Please speak with your medical team to establish a personalized treatment plan and discuss any changes to your lifestyle or course of treatment.